



# Am a STAR in & for Generations program



## Am a Star in & for Generations program

The program aims at assisting children's and youth to develop generational mindset aiming at showing them their advantages of their existence toward one's and other generation's welfare.

Generational mindset is a mindset that aims at being open to ideas, digest ideas and come out with valid conclusions in different aspects of life that focus on individual and generational welfare.

This will assist on having different powerful parents who can face the problem of learned abuse since it is generational based. But also this will yield individuals who can value their existence of having contributions to themselves and other people's happiness thus minimize the rate of different psychological, sociological, spiritual and physiological problems while on the side contributing to individual welfare that enhances the generational welfare.

### Objectives of the program

- To assist children and youth develop a generational mindset
- To assist children and youth value their existence as a main tool for them to utilise different resources to develop happiness
- To rise powerful generations with parents who possess generation mindset in different aspects of life.
- To make children and youth aware in generation perspective concerning with identification and proper utilisation of talents for individual and generation welfare
- To promote mental health of children and youth.

### Tools expected to be used

- Generation mindset design
- Projector
- Discussions
- Psycho-education
- Different expertise
- Movies
- Different games and practise
- Role model style
- Different models

### Services provided under this program

- Career guidance and counselling
- Psycho-education on developmental psychology
- Parenting styles
- Life cycle and family cycle
- Different abuse and traumatic experience
- Mental health impacts on individual and generational welfare
- Miracles on talent on individual and generational welfare
- The power of environment on individual growth
- Psychological treatments awareness on individual wellbeing



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